

Entrance Antiphon When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

Responsorial Psalm Be with me Lord, when I am in trouble.

Gospel Acclamation Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!

Communion Antiphon One does not live by bread alone,
but on every word that comes forth from the mouth of God.


ROSTERS - 15th/16th March 2025
Please arrange a swap if you are not available

Bemboka Sat 6pm
Commentator G Bevitt
Readers J Macinante
Cleaners

Candelo Sat 6pm
Commentator L Thompson
Readers K Dodds
Cleaners - Mar Roger & Nalda Heffernan

Tathra Sun 7:45am
Commentator Paul Gardiner
Readers Eileen Corcoran
Cleaners E Corcoran, J Battista
Audio-Visual Pat Platts
Eucharistic Ministers Mark Oakley, Jacinta Battista

Bega Sun 9:30am
Commentator M Ferris
Readers T Tomlinson
Gifts Volunteer
Counters S & W Giles
Music Matt Heffernan
Acolyte Frank Farrell
Eucharistic Ministers A Tarlinton, D Koenigkamp



For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection.

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encouraged to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

St. Pat's Choir practices Thurs 5.15—6pm
Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.


Sunday Readings Reflection Group
Tuesday at 7pm Star of the Sea Tathra. All Welcome.

ROSARY - all are welcome.
Tathra - 7:20am before Sunday Mass
Bega - 9am before Sunday Mass 

MENS' GROUP: 2nd & 4th Thursdays
St Patrick's Church.
Contact David Grainger: 0409 430 997

St Patrick's Sacramental Programme
Baptisms—During Mass, 1 month notice
Confirmation 2025— TBA
Weddings—by appoint, 6 months notice req.
Please contact the Parish Office.

Syro-Malabar Mass 4th Wed of the Month
5pm Bega. Contact Lijoy 0469 341 965
സീറോ-മലബാർ കുർബാന
മാസത്തിലെ 4 ബുധനാഴ്ച
വൈകുന്നേരം 5 മണിക്ക് ബേഗ.
ബന്ധപ്പെടുക: ലിജോയ് 0469 341 965



1st Lent - Year C

St. Patrick's Parish

*St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo
Star of the Sea, Tathra.*

9th March 2025

Ph. 64921058
PO. Box 6. Bega. NSW 2550.
Email: Bega@cg.org.au
Website: http://cg.org.au/bega/
Facebook: St Patricks Bega

Fr. Adrian Chan. Parish Priest.
Mrs. Tanya Tomlinson, Parish Secretary.
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*
Safeguarding, Mrs. Emma Grant, Bega.Safeguarding@cg.org.au
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888


We acknowledge the Djirringanj People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge & respect their continuing culture & the contribution they make to the life of the Bega Valley.

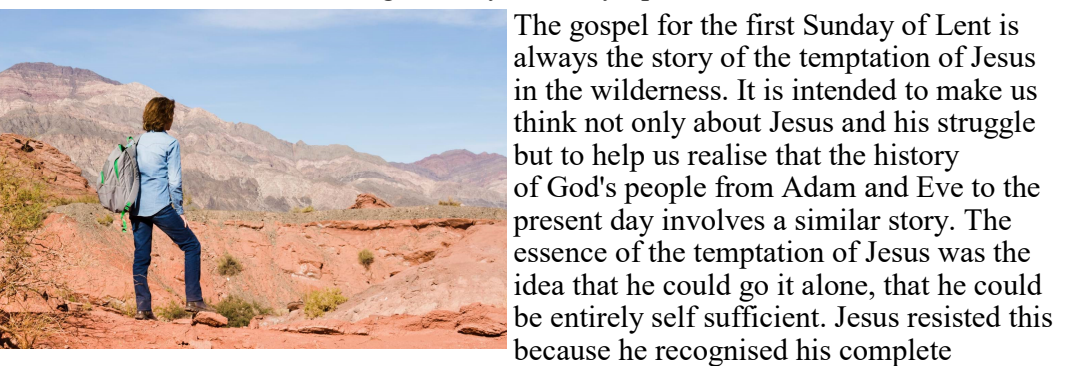
Walking with the Spirit

Lent is a time of repentance, a time to set aside the usual stuff of life in order to take stock of where we are and where we want to go. It is, therefore, no accident that Lent begins with a reflection on Jesus' time in the desert. In keeping with a central theme of his gospel, Luke says that Jesus was filled with the Spirit and was led by the Spirit into the wilderness.

For Luke, the presence of the Spirit is the evidence that God is with Jesus and that Jesus is from God. It is the Spirit that allows him to recognise the temptations of the devil for what they are, and it is the Spirit that guides him in his rejection of the temptation. This is the same for his disciples; we can only follow Jesus by an awareness of his Spirit within us. All our Lenten endeavours will be just a waste of time and effort if we are not guided by the Holy Spirit in what we do.

The First Sunday of Lent






dependence on the Father. He knew that he needed to be nourished by God's word and that his true destiny lay in his seeking to do his Father's will. When Satan succeeds in convincing us that we have it in our power to save ourselves then we are on the path to self destruction. Lent is a time for us to humbly take God's hand and to walk the path of faith and love that leads to Easter.

Sean Goan.


Parish Assembly 18 May after Bega Mass. Conversation with the Holy Spirit. This is a continuation of the conversation with the Holy Spirit series we did last year. - Fr Adrian.

RCIA: if you are interested in becoming a Catholic please contact Father Adrian at Adrian.chan@cg.org.au

 **Confirmation Enrolment.** Archbishop Christopher will celebrate the sacrament of confirmation on 6th June. Enrolments are now being taken. Please contact the parish office for an enrolment package.

Journeying with the Spirit. 22 March. Women's Day retreat "Journeying with the Holy Spirit" organised by Call to Connect catholic women's ministry and will be led by the MGL Sisters. Come along and enjoy a day of talks, prayer, discussion groups and more. For all details go to <https://events.humanitix.com/journeying-with-the-holy-spirit>

MenAlive Recharge. Sat 24 May 2 to 5.30pm followed by rosary, Mass and a shared meal. Mary Help of Christians Parish, South Woden. Cost: Nothing. Let's come together, renew our faith, and encourage one another to respond to the great need. Contact Mat at 0438446489 or Fr Emil at 0414 523 036.

 **Global Mission: No age limit.** Ever thought volunteering overseas was beyond you? IT'S NOT. Palms always values our older participants for the wisdom and resourcefulness they share in communities! Palms is celebrating Seniors Week with a special online session showcasing older volunteers' experience and insights from the mission field. Explore our unique opportunities and match your life experience to the experience of a lifetime! Online discovery session Thursday 27th March 11am-12pm. Register: palms.org.au/events More information: 02 9560 5333, palms@palms.org.au

STATIONS OF THE CROSS

Candelo - Tues 5pm



Sacrament of Penance/Reconciliation

Bega Saturday, 9.40 - 10am
Bemboka before vigil Mass
Candelo before vigil Mass
Tathra before Sunday Mass

You're Invited - after mass
 ✦ *Tathra* - Breakfast 2nd Sunday of the Month
 ✦ *Bega* - Morning Tea last Sunday of the Month
All Welcome. Please bring a friend.

Fr Adrian Contact: Mobile: 0411 676 064
 Email: Adrian.Chan@cg.org.au

Sunday Mass Times
 ➤ *Bemboka* - Saturdays - 6pm Vigil
 ➤ *Candelo* - Saturdays - 6pm Vigil 1st, 3rd, 5th
 - Sundays - 9:30am liturgy 2nd, 4th
 ➤ *Tathra* - Sundays - 7.45am Mass
 ➤ *Bega* - Sundays - 9.30am Mass
 - 4th Sunday - 9:30am Family Mass

Weekdays
 ➤ Tuesday 5.00pm Bega Chapel
 ➤ Wednesday 9.00am Tathra.
 ➤ Thursday 9.15am Bega Chapel
 ➤ *Hillgrove House 3rd Thursday 3pm*
 ➤ Friday 9.15am Bega Chapel
 4:30-5:30pm Bega 'Holy Hour of Mercy'
 ➤ Saturday 9.15am Bega Church

RECENTLY DECEASED: Fr Kevin Flynn, Mary Henare, Angela Borilovic

ANNIVERSARIES John Roberts, Denise Mulligan, Heather Pook, Angus Collins

Feasts 9th - **St Frances of Rome**, Religious 1384-1440. Established a community of laywomen who followed the Rule of Saint Benedict and ministered to the poor. Remembered as a dedicated laywoman who, in a time of plague and civil war, worked tirelessly for the poor and the sick yet without compromising her love for her husband and family.



Minute Meditations - How Does Jesus Live in Me?

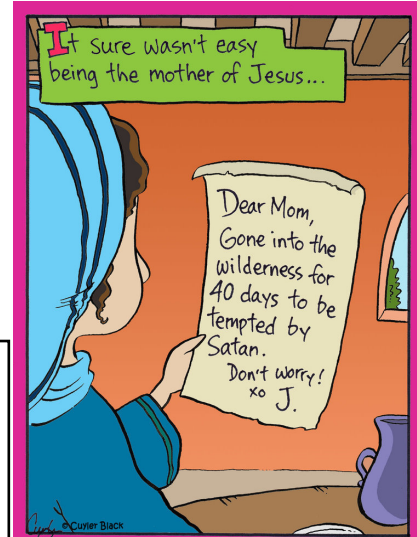
The Franciscan path is different because it does not ask, "what would Jesus do?" but "how does Jesus live in me?" For the Franciscans, the Incarnation is intrinsic to human personhood. What we are about as humans and what we are to become as children of God is integrally related to the person of Jesus Christ. Christ is not merely a person we follow, as if following John or Jim, nor is salvation about the "dos and don'ts" of being saved. Rather Christ, the Word incarnate, is the person in whom each person finds his or her unique meaning and origin. The logic of the Franciscan imitatio Christi is God's self-emptying love which is incarnate in the person of Jesus Christ. To say that Jesus is the theophany or manifestation of God means that in the form of Jesus' life, God has been fully revealed.

Jesus Christ is the image of God because Christ is the "Word" or the perfect self-expression of the Father. Therefore, it is Christ who is the perfect image of the invisible God (Colossians 1:15)

- from *Franciscan Prayer: Awakening to Oneness with God* by Ilia Delio, OSF

Wise Words:

Fasting confirms our utter dependence upon God by finding in Him a source of sustenance beyond food.
 - Dallas Willard



The Jubilee Prayer

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

